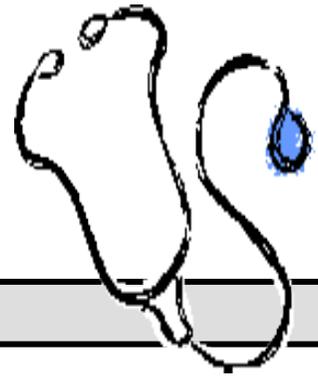


# The Stethoscope



Quarterly newsletter of the Erie County Medical Society

Summer 2017 Issue



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Erie County (PA)  
Medical Society



## President's Note...

### Stop the Bleed

A growing public health concern throughout the United States has been that of active shooter incidents. Law enforcement defines these as an individual actively engaged in killing or attempting to kill people in a confined and populated area. These events are becoming all too common in our society and examples of these events include the Sandy Hook Elementary School shooting in 2012 and the Boston Marathon bombings in 2013. An analysis of these incidents conducted by the Federal Bureau of Investigation (FBI) between 2000 and 2013 reviewed 160 incidents, which involved 486 deaths, and 557 wounded. An average of about 6 events occurred annually between 2000 and 2006. That has increased to about 11 incidents occurring annually between 2007 and 2013. These active shooter incidents have no boundaries and have occurred in small and large towns, in urban and rural areas, and have occurred in the majority of the states. The incidents primarily occur in public shopping areas and schools. The victims have been young and old, male and female, family members, and people of all races, cultures, and religions. The majority of these episodes lasted only from 2-5 minutes. This data illustrates that these unfortunate events can occur anywhere, at any time, and to anyone. These statistics should be alarming to us all.

After the tragedy at the Sandy Hook Elementary School in Connecticut the American College of Surgeons formed the Joint Committee to Create a National Policy to Enhance Survivability from Active Shooter and Intentional Mass Casualty Events. This committee convened in Hartford Connecticut and included experts from medical groups, the military, the National Security Council, Homeland Security, the FBI, law enforcement, fire rescue, and emergency medical services. Recommendations were produced from these meetings and they have become known as the Hartford Consensus. In their deliberation they discovered unsurprisingly that the most common cause of mortality from active shooter incidents is uncontrolled hemorrhage. Furthermore they recognized that opportunities exist to improve hemorrhage control. At its core the Hartford Consensus aimed to produce methods that will decrease death due to uncontrolled bleeding. The committee produced recommendations for the professional organizations that respond to these incidents such as emergency medical services, fire rescue, and law enforcement. With the knowledge that during a disaster individuals will respond to volunteer and help those in need and also that time is a critical factor for victims who have massive bleeding the committee acknowledged the important role of bystanders as first responders.

Continued on Page -2-

As reviewed previously the vast majority of active shooter incidents end within a few minutes. This is typically before professional first responder services have even arrived on the scene. The committee recognized that the initial response to the casualties from an active shooter incident would be from uninjured bystanders. It is important to utilize this resource to help prevent death from hemorrhage. The committee also recognized that the concepts of hemorrhage control are relatively simple and proven. The premise is simple: given that everyone can be an initial responder everyone should be taught about hemorrhage control. This public skill will also be generalizable for other catastrophic events that may occur in our communities. This call to action from the Hartford Consensus is similar to the public awareness campaigns for cardiopulmonary resuscitation and the Heimlich maneuver. These long standing campaigns have helped save lives now for several decades. It is hoped that hemorrhage control skills will produce life saving results similar to those existing public education efforts by empowering the public to provide appropriate emergency care in these incidents.

The Hartford Consensus has developed a public educational campaign entitled "Stop the Bleed." The program reviews the fundamental principles of trauma care response that all physicians are familiar with when it comes to uncontrolled hemorrhage. It begins with ensuring your own safety and then following the ABCs of bleeding. "A" stands for Alert and involves notifying emergency responders, typically by calling 911. "B" is for Bleeding and involves locating the bleeding injury on the victim. Finally, "C" is for Compress and directs the first responder to apply pressure to stop the bleeding. The program reviews the use of a trauma first aid kit if available, specifically the use of gloves, tourniquets, and hemostatic dressings. This program empowers the public to go forward and stop life-threatening bleeding. These simple maneuvers can help save the life of a victim until professional first responders appear on the scene. These principles are familiar to all physicians and will be relatively easy for us to educate the public on. The well-trained public will be an asset during active shooter incidents or other catastrophic events that may unfortunately occur in our communities.

The Erie County Medical Society prompts a call to all physicians to support the "Stop the Bleed" public awareness campaign. It will be vital for physicians to proactively educate everyone in the community on this technique. With very little training and equipment the bystander closest to the scene of an injury can control bleeding until professional first responders arrive to take over treatment. The Erie County Medical Society intends to contribute to this public education in our community and if you would like to be involved do not hesitate to volunteer. More information on this national campaign can be found at [www.bleedingcontrol.org](http://www.bleedingcontrol.org). I encourage you to become familiar with the fundamentals of this national campaign for the better health of all our patients.

References:

- Blair JP, Schweit KW. A Study of Active Shooter Incidents, 2000-2013. Texas State University and Federal Bureau of Investigation. U.S. Department of Justice, Washington, DC. 2014.
- Jacobs LM. Strategies to enhance survival in active shooter and intentional mass casualty events. Bull Am Coll Surg. 2015 Sep;100(1 Suppl):1-90.
- Stop the Bleed. American College of Surgeons. The Committee on Trauma. [www.bleedingcontrol.org](http://www.bleedingcontrol.org). Accessed March 2017.



## Another Successful “Docs on Call” Event

The Pennsylvania Medical Society had another great “Docs on Call” with JET 24. The public health call-in show aired on Wednesday, May 10<sup>th</sup> and assisted area residents with their health care questions. Several Erie County Medical Society members were in attendance to take part in this excellent public service program.

Those who called during JET 24’s evening news broadcast represented a broad range of ages – from 19 to 91 – and asked about a variety of health-related topics. The most popular topics were pain/pain management, medications, and heart issues.

Physicians volunteering for the program were all members of the Erie County Medical Society and each provided health care information to callers and guided some to seek medical attention as appropriate. The doctors also directed those lacking medical insurance or health care access to area clinics that could meet their needs.



ECMS would like to thank all the volunteers for this year’s Docs on Call:

Katie Lund, DO ▪ Lisa Mainier, DO ▪ Timothy Pelkowski, MD ▪ Paul Shields, DO ▪ Belinda Stillman, DO ▪ Kelli Wienecke, DO

If you would be interested in participating in this event in 2018, please call the Erie County Medical Society at 814-866-6820 to add your name to the list of potential volunteers. We will contact you once the 2018 date has been finalized.

## ADVOCACY

### Practice Administrator Meetings

Keeping up with MACRA and other important updates affecting your practice is no easy task. It seems like things are constantly changing, and physician practices say they don't have time to keep up with it all. This year's fall meeting will include recent PA Supreme Court ruling changes to informed consent, 2018 proposed Medicare Physician Fee Schedule, Medicaid updates, what's in store for MACRA Year 2, and much more!

**Pittsburgh—Sept. 13**

Allegheny County Medical Society 713 Ridge Avenue  
Pittsburgh, PA 15212 1-3 p.m. (Registration and lunch at Noon)

**Live Webcast Available Sept. 27 8:30-11 a.m.**

Register online at [www.pamedsoc.org/ManagerMeeting](http://www.pamedsoc.org/ManagerMeeting)



### Prior Authorization Legislation

The Pennsylvania Medical Society (PAMED), the Erie County Medical Society (ECMS) and forty-nine other physician and patient groups are encouraging members of the Pennsylvania House of Representatives to support House Bill 1293 which would create standard definitions and processes for prior authorization procedures with insurance companies. As we know, approval delays can put patients at risk.

#### How can you help?

Contact your Representative and ask for their support of PA House Bill 1293. If you have patients who have experienced delays in treatment due to prior authorization decisions or the process, encourage them to share their story at [www.pamedsoc.org/ShareYourStory](http://www.pamedsoc.org/ShareYourStory).

### Are You on Track to Avoid a Penalty and Earn Incentive Payments for MACRA-MIPS Reporting?

The Medicare Access and CHIP Reauthorization Act (MACRA) has changed the way physicians will be paid under Medicare. To insure that your practice is on track to succeed in a value-based care world, earn incentive payments and avoid a penalty for reporting, physicians and practice managers are invited to attend the monthly MACRA Check-up Webinars offered by PAMED.

To register or access recordings of previous webinars, go to [www.pamedsoc.org/MaximizeYourMembership](http://www.pamedsoc.org/MaximizeYourMembership).

## Drug Disposal Initiative to Launch in Erie and 11 Other Counties Across the State

Patients in Pennsylvania communities hard-hit by the opioid abuse crisis – and without easy access to drug take-back boxes – will soon have a way to dispose of Schedule II narcotics like oxycodone. A new drug disposal initiative is being led by the Pennsylvania Office of Attorney General (OAG) and supported by several stakeholder groups, including the Pennsylvania Medical Society (PAMED).

The OAG expects to provide 300,000 free drug deactivation and disposal pouches to pharmacies in these 12 Pa. counties: Blair, Butler, Cambria, Erie, Fayette, Indiana, Lackawanna, Lawrence, Lehigh, Luzerne, Mercer, and Montour.

Patients can place unused medications in the pouch, fill the pouch halfway with warm water, and then dispose of the pouch. Many CVS, Rite-Aid, and Wal-Mart pharmacies are participants in Erie County. The pharmacies will receive guidance on distributing the free pouches. Eligible patients include anyone receiving a prescription for a 30-day (or fewer) supply of an opioid and any patient requesting a drug deactivation pouch or medication disposal product. Patients who get a drug disposal pouch will also receive an instruction card on how to use the pouch. The card includes a link to an online survey created by PAMED. Patients can share how much of the prescription they used and whether they used the pouch.



# Welcome New Members

April 2017 – July 2017

## RESIDENTS

Andrew William Agnew, DO • Abdo Bachoura, MD • Jonathan Michael Belk, DO  
Jordan Ryan Bonier, DO • Christopher Robert Buzas, DO • Nicholas Knoble Callahan, DO  
Jonathan Joseph Callegari, DO • David John Carl, DO • Seth Hintze Carter, DO  
Jaewon Chang, DO • Justin Samuel Cochran, DO • Amie S. Coffman, DO  
Nathan Joseph Cook, DO • Jay Deimel, MD • Cynthia Maria Deveikis, DO • Kathleen Bourne Elswick, DO  
Amy Jo Farris, DO • Patrick Francis Fessler, DO • David Figueroa, DO  
Sean Michael Fitzpatrick, MD • Jennifer Lynn Fretwell, DO • Grant James Gibb, DO  
Dustin N. Golz, DO • Shane Donald Griffith, DO • Chrisbeth Jimenez Guillermo, DO  
Matthew Leroy Hintz, DO • Kenny Shawn Hirschi, DO • Jacob M. Horn, DO  
Kevin A. Hough, DO • Mohamed Ibrahim Ahmed, DO • Andrew Walton Kamps, DO • Kevin Dewayne Keith, DO  
Fahad Laghari, MD • Stephanie Ann Larson, DO • Peter Hopkins Laucks, DO  
Gretchen Patrice Lockhart, MD • James Jason Meeks, DO • Michael Steven Meinhold, DO  
Mark Louis Messmer, DO • James Alexander Nemunaitis, DO • Phuoc Nam Van Nguyen, DO  
Dhimitri Arian Nikolla, DO • Jessica Jean Partlow, DO • Anand Popuri, DO  
Robert Anthony Puckett, DO • Logan Michael Pyle, DO • Semira Ramic, DO • Adam Robert Riordan, DO  
Andrew Michael Sanfilippo, DO • Adam Dilts Shafer, DO • Olga Stestsyuk, DO • Gina Vernace, DO •  
Timothy Randolph Verrilli, DO • Chad Eric Walls, DO • Bryan Yost, DO •

## ACTIVE MEMBERS

Christine M. Agnello, MD • Bryan James Colligan, DO • Jay Deimel, MD • James Nelson Cornwell, DO  
Joseph P. Nedresky, MD • Mrinalini Panthangani, MD • Padmini Parameswaran, MD

## ADMINISTRATIVE MEMBERS

Mary Beth Nupp, Administrator • Cindy Fellows, Administrator

SAVE THE DATE:  
8<sup>th</sup> Annual Health Expo

SAVE THE DATE:  
Annual Dinner & Business Meeting  
November 15<sup>th</sup>, 2017



The Erie County Medical Society will host its 8th Annual Health Expo at the Macy's Concourse in the Millcreek Mall on October 21, 2017. Enjoy an afternoon of connecting with local hospitals, private practices, and community organizations within the county! Table Registration is now open so sign up today at [eriecms@pamedsoc.org](mailto:eriecms@pamedsoc.org) or call ECMS at 814-866-6820.

Join us for the installation of  
**Narendra S. Bhagwandien, MD**  
as the 140<sup>th</sup> ECMS President

With Deepest Sympathy

to the families of

**John A. Fust, MD**  
who passed away on May 20, 2017

**Stanley W. "Bill" Wharton, MD**  
who passed away on April 7, 2017



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Beers & Peers August 31, 2017 6:00-8:00PM



Come join ECMS at the Millcreek Brewing Company from 6:00-8:00PM for another Beers & Peers Event. This is a perfect opportunity to network and meet other physicians while enjoying an evening filled with good food and drink. Please RSVP at [eriecms@pamedsoc.org](mailto:eriecms@pamedsoc.org) or 814-866-6820

2016 – 2017  
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